



केन्द्रीय शैक्षणिक एवम् तांत्रिक माहिती संशोधन समीती

**CENTRAL EDUCATION & INFORMATION TECHNOLOGY RESEARCH COMMITTEE**

AN AUTONOMOUS INSTITUTION REGD. BY THE GOVT. OF NCT OF DELHI UNDER ITA 1882 GOVT. OF INDIA

REGD. BY NCS-MINISTRY OF LABOUR AND EMPLOYMENT, GOVT. OF INDIA

REGD. AT MINISTRY OF MICRO, SMALL AND MEDIUM ENTERPRISES (MSME), GOVT. OF INDIA

An Autonomous Organization works for IT, HRD & Literacy

# भारत सरकार पंजीकृत Diploma In Naturopathy And Yoga Science

## Description

Diploma in Naturopathy programme teaches students about the science of Yoga and a system of alternative medicine. After completing the course, students will be acquainted with various types of techniques to control exercise, diet and massages to treat illness or ailments.

## Course Content

- Foundation of Naturopathy, Health, and Nutrition
- Method of Nature Care
- Fundamental Anatomy of Human Body
- Disease and Treatment by Naturopathy

# CEITRC