



केन्द्रीय शैक्षणिक एवम् तांत्रिक माहिती संशोधन समीती

CENTRAL EDUCATION & INFORMATION TECHNOLOGY RESEARCH COMMITTEE
AN AUTONOMOUS INSTITUTION REGD. BY THE GOVT. OF NCT OF DELHI UNDER ITA 1882 GOVT. OF INDIA
REGD. BY NCS-MINISTRY OF LABOUR AND EMPLOYMENT, GOVT. OF INDIA
REGD. AT MINISTRY OF MICRO, SMALL AND MEDIUM ENTERPRISES (MSME), GOVT. OF INDIA
An Autonomous Organization works for IT, HRD & Literacy

भारत सरकार पंजीकृत. Diploma In Acupressure Medical System

Description

Diploma In Acupressure Medical System: This is the most ancient and simplest Chinese system of curing various diseases caused mainly due to the imbalance of Yin (negative) and Yang (positive) forces in the body. The treatment is done by applying finger pressure at the acupoints through which the Yin-Yang forces are balanced. Acupressure is an ancient self-health technique that has been widely used throughout the orient for thousands of years and which has become popular all over the world the world for the last many years. The root of Acupressure is in the spirit ... 'the human spirit is endowed from heaven. The physical energy is endowed from the earth.'

Course Content

1. Introduction of human body.
2. Definition of Acupressure.
3. History of Acupressure.
4. Classification of Acupressure.
5. How does Acupressure works?
6. Importance of Acupressure.
7. Diseases & treatment by acupressure.
8. Acupressure instruments & their uses.
9. Other alternative therapies– Magnetic, Pyramid, Sujok, food therapy.

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